





WIS November 2022 Breakfast Menu

Fruit, Juice & Choice of Milk are served with every breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Muffin & Scrambled Eggs or Parfait	2 Cardinal Breakfast Burrito or Buttermilk Bar & String Cheese	3 Egg, Sausage & Croissant or Bagel & Cream Cheese	4 Sausage & Cheese Croissant or Parfait
7 Ham & Cheese Bagel or Cereal Graham Crackers	8 Muffins & Yogurt or Honey Buns & Yogurt	9 Cardinal Breakfast Burrito or Buttermilk Bar & Yogurt	10 Scrambled Eggs & Biscuit or Scones	11 
14 Ham & Cheese Bagel or Cereal Graham Crackers	15 Muffin & Scrambled Eggs or Parfait	16 Cardinal Breakfast Burrito or Honey Bun & String Cheese	17 Egg, Sausage & Croissant or Scones	18 Breakfast Pizza English Muffin or Cereal Bar
21	22	23	24	25
				
28 Ham & Cheese Bagel or Cereal Graham Crackers	29 Muffins & Yogurt or Honey Buns & Yogurt	30 Cardinal Breakfast Burrito or Buttermilk Bar & Yogurt		

Fresh Baked House Made



ALL STUDENTS RECEIVE FREE BREAKFAST AND LUNCH DAILY





WIS Lunch

NOVEMBER 2022



Fruit and Veggie and
Choice of Milk are
served with every
lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Spaghetti Garlic Bread	2 Chicken Alfredo Garlic Toast Bread	3 Pizza French Bread Corn	4 Spicy Chicken Patty Sandwich Curly Fries
7 Giant Meatball Mashed Potato Dinner Roll	8 Chicken Pozole Tortilla Chips	9 Hamburger Potato Wedges	10 Taco Fixins Mexican Rice	11 
14 Cheeseburger Tater tots	15 Popcorn Chicken Bowl Biscuit	16 Chili & Corn Muffin Corn	17 Turkey & Gravy Mashed Potato Dinner Roll	18 Beef Burrito Refried Beans & Rice
21	22	23	24	25
				
28 Chicken Patty Fries	29 Grilled Cheese Sandwich Chicken Noodle Soup	30 Teriyaki Dunkers Rice & Biscuit		



House Made



Fresh Baked

Made Fresh Daily



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